

PSHE and RSHE – Whole School Overview

Core Themes:

**Relationships** – Feelings and Emotions, Healthy Relationships, Valuing Difference

**Living in the wider world** – Rights and Responsibilities, Environment, Money

**Health and Wellbeing** – Healthy lifestyles, Growing and Changing, Keeping safe

**RSE** - Christopher Winter Project Scheme of Work

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
EYFS	I belong. Fabulous Friends	It's good to share.	Look what I can do. People who help us	How I feel.	Changing Me.	Our Lives
KS1 Cycle A	TEAM- Together Everyone Achieves More.	How do we feel? Think positive Consent	How do we grow up? Consent	How do we keep safe in different places? Safety First	How can we help? One World	Growing and Caring for Ourselves
KS1 Cycle B	What makes us special? VIPs	What is bullying? Be Yourself	What can we do with money? Money Matters	How can we be healthy?	What is the same and different about us? Diverse Britain	Differences
LKS2 Cycle A	How can we be a good friend?	What can we do about bullying?	What are we responsible for?	How do we grow and change?	What are the rules that keep us safe?	Valuing Difference and keeping safe
LKS2 Cycle B	What is diversity?	How can we describe our feelings?	What jobs would we like? How can we manage money?	How can we eat well?	How can we keep safe in our local area?	Growing Up
UKS2 Cycle A	What makes a healthy and happy relationship?	What are Human Rights? How are resources allocated?	What makes us enterprising?	How can we be safe online and using social media?	What choices help health?	Puberty
UKS2 Cycle B	What does discrimination mean?	What makes a community?	How can money affect us?	How can we stay healthy?	How can we manage risk?	Puberty, Relationships and Reproduction

