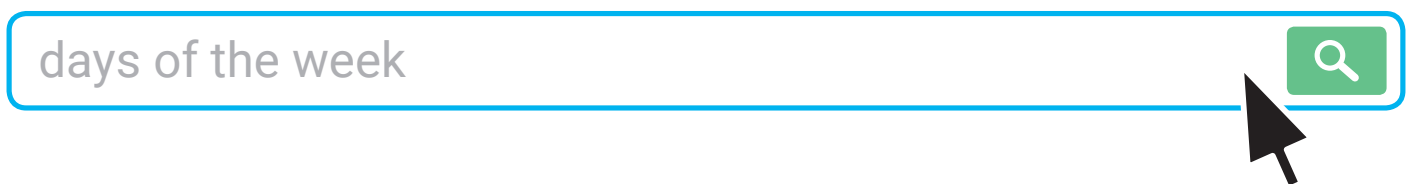


Days and Months: A Step-by-Step Guide for Parents

This step-by-step explanation to days and months can help you support your child's learning at home. The subject is broken down into manageable chunks, providing you with a simple guide to follow when exploring days and months together, either as part of homework or if you decide to give your child some extra support. Whether your child is only just beginning to explore the concept of time, including days of the week and months of the year, or they are gaining confidence and want to find out more, you will find a step that matches where your child is at, then have ideas for where to go next.

Within [this area of the website](#), you will find a selection of resources intended to help your child learn about each step of this guide. Each step also contains a keyword or phrase that you can use to search the Twinkl site for more resources and activities designed to support your child in achieving that stage. Simply type the keyword or phrase into the search bar and press enter to explore together.



We hope you find the information on our website and resources useful. The contents of this resource are for general, informational purposes only. This guide is intended to offer parents general guidance on what subject areas tend to be covered in their child's year group and where they could support their children at home. However, please be aware that every child is different and information can quickly become out of date. There are some subject areas that we have intentionally not covered due to the nature of how they are taught or because a trained professional needs to teach these areas. We try to ensure that the information in our resources is correct but every school teaches the national curriculum in its own way. If you would like further guidance or are unsure in any way, we recommend that you speak to your child's teacher or another suitably qualified professional.

Days and Months

When Do Children Learn about Days and Months at Primary School?

In reception, children may start thinking about the days of the week and the months of year through songs and rhymes. From year 1, your child will start to think about the concept of time further, placing events in chronological order (the order that they happened in) and using words and phrases such as before, after, today, yesterday and tomorrow. They will also start to use and consolidate language relating to dates, such as days of the week and months of the year.

From year 2, your child will go on to consolidate their knowledge of days, weeks and months by thinking about important dates in the calendar, for example leap years, as well as how many days are in each month.

As well as using the resources in this category and the keyword searches to help your child learn about the days and months, below are a few ideas for games and activities to help your child become more familiar with this concept of time.

Sing a Song or Say a Rhyme

Singing and rhyming is a fantastic way to reinforce learning with young children. Try the following traditional rhyme with your child: 30 days has September, April, June and November. All the rest have 31, excepting February alone, which only has 28 days clear and 29 in each leap year.

Anagrams

Play anagrams – where the letters of each word are in the wrong order. Write anagrams of the days of the week and months of the year. Challenge your child to unscramble the anagrams and solve them. E.g. nodmay - Monday

Put Them In order

Write the days of the week and the months of the year on individual rectangles of cards. Mix the cards up and place them face up on the table. Ask your child to put the days of the week, then the months of the year in order.

Acrostic Poems

Take each day or month in turn. Write the letters forming the words vertically on a piece of paper. Now think of words and phrases that start with each of the letters to form a poem about it. For example:

Multi-coloured blossoms and flowers spring into life.

Always a beautiful stepping stone to summer.

Young lambs gambol playfully in the fields.



Step 1

Days of the Week

At this stage, your child will learn that there are seven days in a week and will discuss events using the words today, yesterday and tomorrow. They will learn the individual names of the days and the order they follow. You can use this poster to help your child consolidate their learning in this area.

Months of the Year

Your child will discover that there are 12 months in each year and will learn what the name of each one is. They should be able to put them into chronological order, as well as to sort them by season. In addition, they will be able to pick out important dates within the year, for example their birthday. Try these games and activities to add fun to your child's learning.

Step 2

Step 3

Calendars

At this stage, your child might begin to explore other important days and dates throughout the year using a calendar. They will be introduced to leap years and shown how they are different from non-leap years, as well as to learn how many days are in each individual month. Try this interactive PowerPoint to talk about dates, days and months throughout the year with your child.

Explore and Discover More

Twinkl Go! is a digital platform, hosting interactive content such as videos, games, audiobooks and more. Twinkl Go! enables digital content to be streamed to your computer or mobile device.



twinkl
Go!



twinkl
Book Club

Twinkl Book Club is our book subscription service. Enjoy our original works of fiction in beautiful printed form, delivered to you each half-term and yours to keep!

Twinkl Boost is a range of intervention resources, created to support and lift learning with children at every level. These include our easy-to-use SATs and Phonics Screening resources.



twinkl
Boost



twinkl
imagine

Imagine resources are designed to help your children to think creatively, question and imagine. Every week, a new topic consisting of five photos, each with related activities, is created.

Twinkl Originals are engaging stories written to inspire pupils from EYFS to KS2. Designed to encourage a love of reading and help curriculum-wide learning through accompanying resources.



twinkl
ORIGINALS



twinkl
KIDS' TV

Twinkl Kids' TV is our wonderful YouTube channel dedicated to fun and informative video-style resources full of new and creative activities you can try at home!